



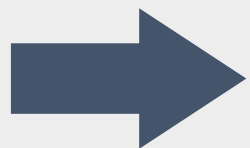
About understanding split personality and its analysis

多重人格への理解とその分析

『The Hobbit』を読む Yuka Kato

The purpose of this article 目的

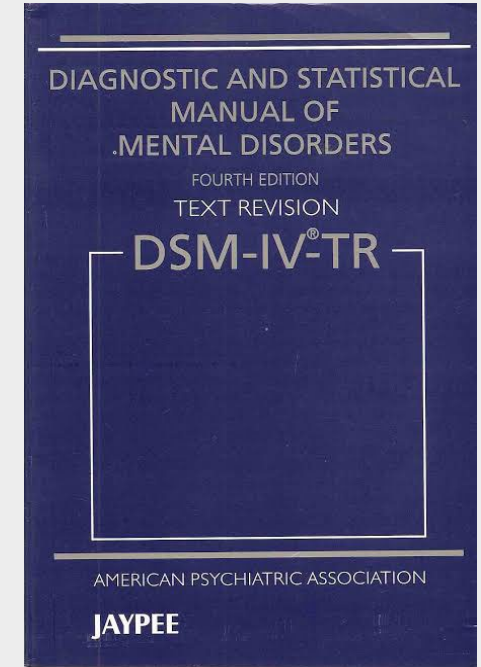
- To reexamine the factors
要因の再検討
- Basic information
基礎情報
- To focus on the inner world
内側の世界に注目する
- To give an overview of its structure
構造の概要について



We will consider the current situation and basic matter
from diagnosis

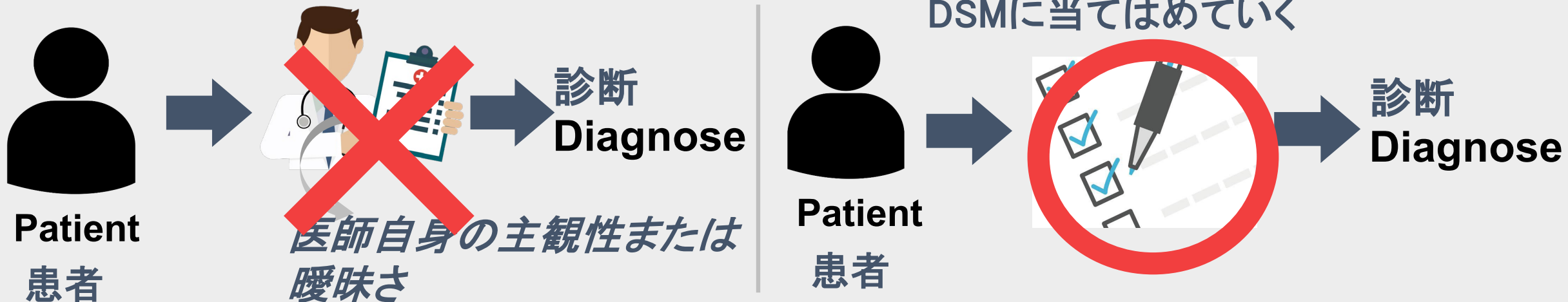
Split personality in DSM

- It has been diagnosed since about **1980** by the **DSM**



(= The handbook used by health care professionals as the authoritative guide to the diagnosis of mental disorder.)

診断の際に医師によって使われる資料



A four-factor theory

(Kluft, 1984)

クラフトの四因子論

① Having the ability and when they are cut out for dissociate. 解離する能力の有無

例：催眠術にかかりやすい、かかりにくい等

② Traumatic experiences that exceed the adaptive capacity of the child's ego.

こどもの適応能力を超えるトラウマ体験



③ Developed, homely, and socially formed and connected to personality


④ The situation that there is a lack of experience to recover from traumatic experiences.



They are the same person
with a consistent self

彼らは同じ人
一貫した自分を持っている

Person A



They are the same person
only personalities have
changed to completely
different people.

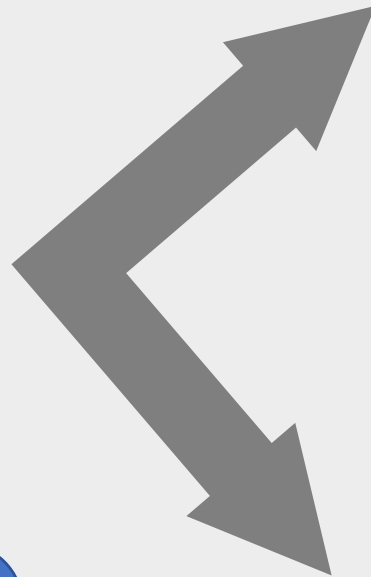
彼らは同じ人
人格のみが全く違う人
に変わって
いる

Person B (Split personality)

Case



Tさん
21-year-old female



Her own self
彼女自身の人格



Q
ペンギンの人格

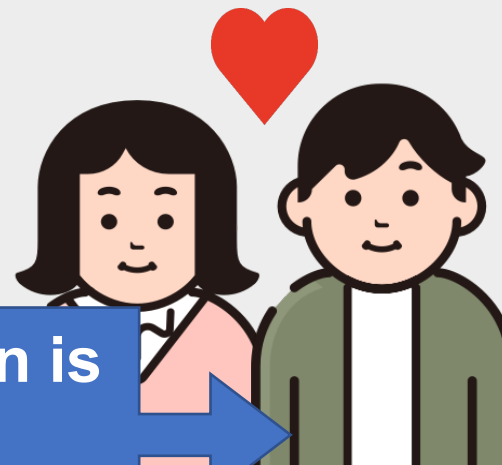
Case [reasons]

- ✓ Grew up as a good girl
「いい子」として育った
- ✓ Totally obedient to her father
父に全面的に従順
- ✓ A helpless mother
頼りない母親

- ✓ The childish role
suppressed by oneself
幼稚な役割、自分自身によって抑制
- ✓ the relationship with the lover
恋人との関係

Personality T

人格T



Personality Q

人格Q

The opposition is
too strong
反発が強い

What do they need?

✓ Safe place where they feel relief

彼らが安心して思える

✓ To secure their own space

自分のスペースを確保する

→ To prevent

**We need to prepare
our environment from childhood.**

幼少期からの環境を整える必要がある



Future task 今後の課題

I would like to do more research on the possibility of split personality to make want it to be more reliably close to what's possible.

多重人格の可能性についてさらに研究して
より確実に近づきたい

References

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